



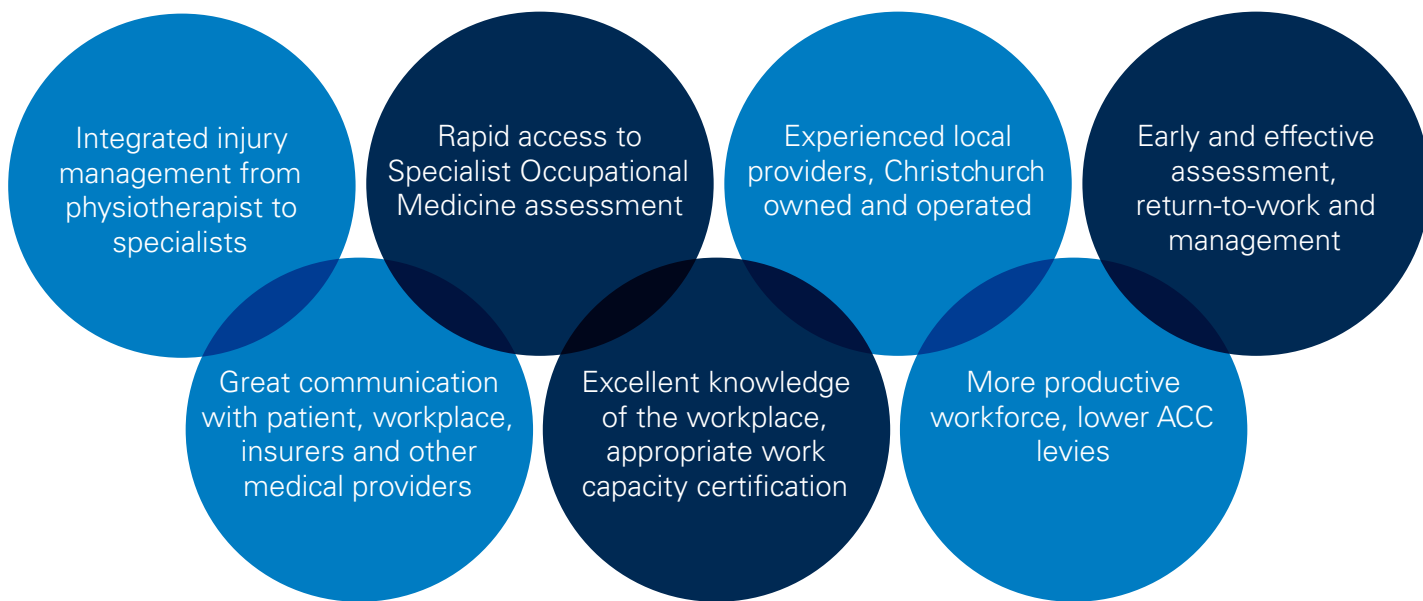
Your one-stop solution for
best practice occupational
health services in Canterbury



Treatment Services

A new approach to occupational health services...

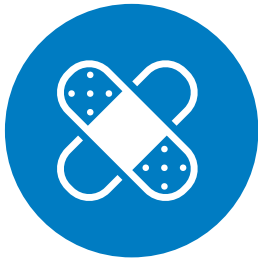
We are a network of Canterbury's finest Occupational Health providers with a goal of providing a seamless, best-practice, one-stop shop for all your occupational health needs. See our website for information about our complete services.



OHC was set up to address the challenges facing employers and employees in returning injured workers to full health and working capacity as quickly and efficiently as possible. We do this by doing the basics well – using experienced well-qualified providers who know and understand the workplace, who communicate well with all parties, who provide appropriate work capacity certification, and who believe that everyone wins from a safe and early return-to-work as part of the rehabilitation process.

We aim to develop long-term relationships with our client companies, and expect to save them significant time, money and stress through these services. We maintain current information about the workplaces so that all our providers can provide appropriate advice, and provide full reporting capabilities to track injury trends to inform.

Early high-quality intervention in all situations from discomfort to complex cases will make all the difference to the health of your employees, workplace productivity, and ACC levies.



Pain and discomfort service

- Don't let niggles and discomfort turn into full-blown injuries. Acting early to manage the symptoms and prevent progression will maximise employee health and minimise lost productivity and ACC claims.



Strain and Sprain injury packs

- We have developed packs to allow immediate treatment of soft tissue injuries in the workplace. The packs contain an instant ice pack, compression, sling and Panadol or Nurofen with appropriate instructions for soft tissue injury management and relevant warnings.



Acute Injury management

Managing musculoskeletal injuries using a close professional network of providers that understand your business and communicate well will take the hassle out of trying to get the best possible rehabilitation for your employee. OHC injury management includes:

- Rapid physiotherapy assessments.
- Ensuring the rehabilitation plans for your employees are tailored around your business.
- Engaging an Occupational Medicine doctor if complex rehabilitation or work capacity certification is required.
- Providing Stay at Work vocational rehabilitation plans for your employees who are off work due to an accident.

The aim of this early intervention is to ensure that the individual is able to rehabilitate at work in an appropriate and safe environment, which promotes employee recovery and minimises the impact on your ACC levies.



Occupational Medicine services

Occupational Physician Rehabilitation Management is available for more complex cases where:

- Clarification of diagnosis is required.
- Barriers identified in relation to rehabilitation.
- Current rehabilitation is not progressing as expected.

The Occupational Physician's key role is to:

- Use a biopsychosocial model to assess and manage the employee.
- Understand and communicate with the workplace.
- Coordinate with other providers such as physiotherapists, psychologists and the GP
- Where necessary provide ongoing appropriate work capacity certification until return to work is complete.

Early Occupational Medicine intervention will maximise the chance of a full and rapid recovery, while minimising ongoing treatment costs and time off work.



FAQ

How is your service different for work injuries?

- By utilising a network of physiotherapists, we can manage acute musculoskeletal injuries as promptly as possible with a physiotherapist that understands your work, workers and workplace. We aim to minimise time off work by recommending appropriate alternative duties and to communicate promptly with managers. Where injuries are more serious or complex we are able to quickly access specialist Occupational Medicine services to provide appropriate investigations and work certification. We know that this approach promotes an earlier return to work

How do you know about the tasks that are done at our workplace?

- With all prospective clients, we take the time to visit your workplace and understand your business. We document all of this for future reference. We expect to develop long-term partnerships with our client companies and so it's important that we know you well. We also encourage and assist you to development of appropriate alternative duties so that time off work is minimised.

Who do you already work with?

- Our group has contracts in place with organisations diverse as NZ Post, Print mail, Coverstaff International, Readymix concrete and Air New Zealand. We are happy to provide referees should you wish to talk to someone about our service.

What communication can I expect regarding injured employees?

- The Health and safety officer or appropriate team leader will receive a written report within 24 hours of the injured worker being assessed. This report will clearly lay out the injury, likely duration of incapacity and most importantly describes what alternative duties can be performed by the individual. These will be specific to your work place.

How can the OHC approach save our business money?

- The main contributor to your ACC levies is the time off work as a result of workplace injuries. Reducing this through early quality intervention, providing alternative duties, appropriate work capacity certification, and good communication can produce major savings in ACC levies, up to 30% in some industries.

“OHC have played an integral part in remodelling our return to work and injury management programmes. In the first year of our new return to work programme we have reduced our ACC compensation days paid by 32%. Also our injury management programme has seen a reduction in repeat pain and discomfort injuries by 84%, providing the ROI we required. Their knowledge and expertise has been invaluable to our business.”

Clive Murden, Sales & Marketing Director, Coverstaff